

Jamestown Community College
Jayhawk Café August 28th – September 1st

	Monday 8/28	Tuesday 8/29	Wednesday 8/30	Thursday 8/31	Friday 9/1
Lunch Entrée Feature	Chicken Souvlaki with Greek Potatoes	Beef Stir-Fry with Fresh Asian Vegetables & White Rice	Homestyle Mac-N-Cheese	Chicken Caesar Bar Romaine Lettuce Grilled Chicken Parmesan Cheese Croutons	Lemon Baked Whitefish Rice Pilaf Fresh Sautéed Green Beans
Artisan Deli and Panini	Caprese Panini with fresh Mozzarella, Basil and Balsamic Reduction	Turkey Ciabatta Pesto Mayo & Banana Peppers	Baba Ganoush Vegetable Pita Sandwich Grilled Seasonal Vegetables, Tofu & Baba Ganoush in Wheat Pita	Macaroni-n-Cheese Panini	Curried Chicken Salad Pita with dried Cranberries & Mesclun
Jayhawk Grill Available Daily: Hamburgers/ Cheeseburgers Grilled Chicken Breast Sandwich	Earth & Turf Mexican Burger Lean Beef & Seasoned Bean Patty	Grilled Portobello with mixed Bell Peppers & Crumble Blue	Chicken Florentine Spinach, Mushrooms & Provolone on Ciabatta	Tuna Melt on Marble Rye with Swiss Cheese	Canadian Club Turkey Breast, Canadian Bacon with Gruyere
Pizza/Pasta Available Daily: Cheese & Pepperoni Pizza	Buffalo Chicken Pizza	Gnocchi with Chard & White Beans	White Pizza	Chicken Scampi over Linguine	Fajita Pizza
Poutine Weekly Special Classic Poutine available daily	Loaded Baked Potato Gravy, Cheddar Bacon, Green Onions and Sour Cream. Over Tater Tots				
Dinner Feature	Meatloaf Roasted Baby Red Potatoes Peas & Carrots	Roasted Turkey Zucchini au Gratin Homestyle Stuffing	Parmesan Baked Chicken Vegetable Pilaf	South of the Border Nite Chicken Fajita Beef Fajita Rice Roasted Corn Choice of Salsa and Other Toppings	Chicken Marsala Roasted Potatoes Broccoli-Cauliflower Blend

Jamestown Community College
Jayhawk Café September 4th – 8th

	Monday	Tuesday 9/5	Wednesday 9/6	Thursday 9/7	Friday 9/8
Lunch Entrée Feature	Labor Day	Taco Day Beef, Refried Beans or Cilantro-Lime Chicken with Spanish Rice	Bruschetta Chicken with Pesto Sauce served with Fresh Baguette Slices	Beef on Weck w/ Horseradish cream Sauce and Parmesan Fingerling Potatoes	Chipotle-Chicken with Cheddar & Pepperjack Pico de Gallo Mexican Potatoes
Artisan Deli and Panini	Café Closed	Roasted Vegetable Sandwich Chipotle mayo on herbed focaccia	Cuban Panini Pulled Pork, Honey Smoked Ham, Pickle Slices, Swiss Cheese and Mustard on Sourdough	Smoked Turkey Apple Slices, Cran-Mayo, with Mesclun on toasted Whole Grain Bread	Steak Chimichuri Caramelized Onions, Chimichurri Sauce, Arugula, Baguette
Jayhawk Grill <u>Available Daily:</u> Hamburgers/ Cheeseburgers Grilled Chicken Breast Sandwich		Chicken Philly Sandwich	Hawk-Melt Blackened Turkey, Heirloom Tomato & Provolone Cheese	Blackened Chicken Ciabatta with Pineapple Salsa	Black & Bleu Burger
Pizza/Pasta <u>Available Daily:</u> Cheese & Pepperoni Pizza		Pasta Pomodoro	Garden Vegetable Pizza	Manicotti	BBQ Chicken Pizza
Poutine Weekly Special Classic Poutine available daily	Cheeseburger Gravy, Ground Beef, Cheddar Cheese, Onions, Dill Pickles, Ketchup, Mustard. Over Seasoned Fries				
Dinner Feature		Chicken Cordon Blue Au Gratin Potatoes Caraway Roasted Asparagus	Pastitsio Ground Beef, Elbows, and Cheese Sauce	Almond-Crusted Cod Filet Sautéed Zucchini	Stuffed Shells Steamed Broccoli

*Menu subject to change

Jamestown Community College
Jayhawk Café September 11th – 15th

WEEK 3	Monday 9/11	Tuesday 9/12	Wednesday 9/13	Thursday 9/14	Friday 9/15
Lunch Entrée Feature	Chicken Kabobs Parsley Boiled Potatoes Watermelon Feta Salad	Enchiladas Beef or Cheese Red Beans & Rice	Polish Sausage Pierogis Sauerkraut	Herb Roasted Chicken Or Stuffed Portobello Caps Wild Rice	Lemon Pepper Tilapia Baked Potato Steamed Vegetables
Artisan Deli and Panini	Greek Pita with fresh made Hummus & Roasted Red Peppers	PB&J Panini	Veggie on Herbed Focaccia	Sriracha Chicken Sandwich with Cilantro-Lime Coleslaw on Toasted Ciabatta	Roasted Vegetable Wrap with Chipotle Hummus on Spinach Wrap
Jayhawk Grill <u>Available Daily:</u> Hamburgers/ Cheeseburgers Grilled Chicken Breast Sandwich	Italian Stallion Burger with Mozzarella & Fried Egg	Southwest Pinto Bean Burger	Corned Beef Reuben on Marble Rye	Portobello Philly	Swiss Burger with Sautéed Mushrooms on Brioche
Pizza/Pasta <u>Available Daily:</u> Cheese & Pepperoni Pizza	Pizza Margherita	Pasta Bolognese	Meat Lovers Pizza	Pasta Primavera	Hawaiian Pizza
Poutine Weekly Special Classic Poutine available daily	Buffalo Chicken Chicken, Buffalo Wing Sauce, Crumbly Bleu. Over Potato Wedges				
Dinner Feature	Asian Beef & Broccoli Jasmine Rice	Turkey Roulades with Sage Gravy Red Skin Smashed	Chicken Cacciatore over Angel Hair Pasta	Blackened White Fish Pineapple Salsa	Grilled Sirloin Roasted Sweet Potatoes Petit Corn Cob

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Jamestown Community College
Jayhawk Café September 18th – 22nd

WEEK 4	Monday 9/18	Tuesday 9/19	Wednesday 9/20	Thursday 9/21	Friday 9/22
Lunch Entrée Feature	Lemon grass Chicken Curried Chickpea Salad	Charbroiled BBQ Ribs Cajun Corn Sweet Potato Fries	Pasta Fagiole with Carrots, Cannellini Beans & Italian Sausage	Beef & Rice Stuffed Peppers or Tofu & Rice Stuffed Peppers	Chiavetta's Roasted Chicken Pasta Salad
Artisan Deli and Panini	Spinach & Artichoke Panini Three Cheese Blend, Sliced Tomato on Multigrain Bread	Pastrami & Arugula Pepperjack and Horseradish Aioli on Herbed Focaccia	Spicy Chicken & Pablano Pepper Panini Smoked Cheddar and Peppadew peppers on Sourdough	Blackened Chicken Wrap Black Bean Spread, Red Bell Peppers, Cheddar Cheese and Lettuce on Sundried Tomato Wrap	California Club Turkey, Avocado, Bacon, Garlic Aioli, Tomato, Boston Bib Lettuce on Flatbread
Jayhawk Grill <u>Available Daily:</u> Hamburgers/ Cheeseburgers Grilled Chicken Breast Sandwich	Bacon Patty Melt	Ancho-Chile Chicken Quesadilla	Turkey Rachel on Rye	Grilled Portobello & Caramelized Onion with Gruyere Cheese	Grilled Buffalo Chicken
Pizza/Pasta <u>Available Daily:</u> Cheese & Pepperoni Pizza	Veggie Lover Pizza	Cheese Ravioli with Marinara Sauce	Sicilian Pizza	Zucchini Lasagna	Weck'd Up Pizza Roast Beef, Caraway, Mozzarella, Horsey Sauce
Poutine Weekly Special Classic Poutine available daily	Thanksgiving Dinner Gravy, Cheese Curds, Roasted Turkey, Cranberry Sauce. Over Sweet Potato Fries				
Dinner Feature	Pork Tenderloin Roasted Root Vegetables Spiced Cauliflower	Sweet-n-Sour Chicken with White Rice	Meatball or Eggplant Parmesan with Pasta Marinara Fresh Steamed Broccoli	Chicken & Dumplings	Spinach & Crab-Stuffed Tilapia Sautéed Snap Peas Mushroom Risotto

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